



BUDOCK VEAN

HOTEL & SPA

Breakfast Menu

We invite you to serve yourself from the Breakfast Buffet. For hot drinks and cooked breakfasts, our restaurant team will take your order at your table.

Continental

Muesli / Bran Flakes / Cornflakes / Granola / Weetabix
Stewed prunes / Grapefruit segments / Fruit salad
Locally made farm yoghurt
Summer berry compote
White or wholemeal toast
Croissants
Pain au chocolat
A selection of jams, marmalade and honey

Cooked breakfast

Please choose one dish from the following

Full Cornish breakfast

Fried eggs, sausage, dry cured bacon, mushrooms,
roast tomato, baked beans, rosti potato (V*) (VG*) (DF*) (GF*)

Vegetarian Breakfast

Fried eggs, sausage, spinach, mushrooms, roast tomato, baked beans, rosti potato (V)

Eggs benedict

Toasted breakfast muffin, baked ham, poached eggs, hollandaise (GF*)

Eggs royale

Toasted breakfast muffin, smoked salmon, poached eggs, hollandaise (GF*)

Smoked salmon and scrambled eggs (DF*) (GF*)

Porridge with brown sugar (DF*) (V) (VG*)

Hot Beverages

English breakfast teas
A selection of herbal and fruit teas
Fresh cafetière of coffee

Please advise the team of any intolerances or allergies. Whilst we will advise on dish ingredients, we cannot guarantee against traces or any cross contamination throughout the kitchen. We try and source as much produce as possible from the local area.

(V) - Vegetarian, (V*) - Vegetarian Option Available, (VG) - Vegan, (VG*) - Vegan Option Available, (NGCI) - Non Gluten Containing Ingredient, (NGCI*) - Non Gluten Containing Ingredient Option Available, (DF) - Dairy Free, (DF*) - Dairy Free Option Available

