

# AUTUMN WATERCOLOUR BREAK

Sunday 12th to Thursday 16th October

Working on a seasonal theme and taking inspiration from the beautiful colours and patterns that nature provides. Shari, a Cornwall based artist and tutor, will bring a wealth of visual references and we can also gather inspiration in the wonderful grounds of the Budock Vean estate and the Helford River.

## SUNDAY 12TH OCTOBER

3.00pm	Arrival - Rooms ready
4.30pm	Use of facilities
7.00pm	Guests meet for a pre-dinner welcome drink in the cocktail bar

## MONDAY 13TH OCTOBER

8am	Breakfast
9.30am	<b>First studio session</b> and informal introduction. Ideas, options and visual references discussed and an opportunity to gather information in the grounds ( <i>weather permitting</i> ). Short tutor demo and practical painting.
11.00am	Coffee in studio Studio session continues
1.00pm	Lunch break (lunch not included)
2.30pm	<b>Studio session</b>
4.00pm	Tea break in studio Studio session continues with possible tutor demo
5.30pm	Finish session
7.00pm	Dinner in restaurant

## TUESDAY 14TH OCTOBER

8am	Breakfast
9.30am	<b>Studio session</b>
11.00am	Coffee in studio Studio session continues
1.00pm	Lunch break (lunch not included)
2.30pm	<b>Studio session</b>
4.00pm	Tea break in studio Studio session continues with possible tutor demo
5.30pm	Finish session
7.00pm	Dinner in restaurant

## WEDNESDAY 15TH OCTOBER

8.00am	Breakfast
9.30am	<b>Studio session</b>
11.00am	Coffee in studio Studio session continues
12.00pm	Finish for the day. Free Afternoon for exploring the area and enjoying the hotel facilities
7.00pm	Dinner in restaurant

## THURSDAY 16TH OCTOBER

8.00am	Breakfast
9.30am	<b>Sketchbook session</b> down by the Helford River gathering ideas and inspiration to take away with you
11.00am	Coffee break (& check out if you haven't already)
12.00pm	<b>Sketchbook session continues</b>
1.00pm	Finish

Programme subject to change

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## MATERIALS LIST

### Watercolour Paints

whichever you are used to using and feel comfortable with.  
(I favour Winsor and Newton artists quality tubes but there are lots of good makes available)

If you are happy with your usual palette of colours, work with those.

If you need guidance, I suggest W&N artists

**French ultramarine, indigo, cobalt or cerulean, brown madder, raw sienna and transparent yellow** (*good for mixing greens*) and perhaps a pinky red – alizarin crimson or rose madder.

Other colours that may be useful – **naples yellow and a warm sunny yellow like Indian yellow.**

**A cadmium red and perhaps a small tube of white gouache.**

### Paper

We may be doing some sketchbook work so bring your usual size sketchbook if you have one. The sketchbook doesn't have to be watercolour paper – cartridge paper that can cope with a wash is fine. I like an A5 size one that I can fold back on itself. Its just for working out composition, colour mixes etc.

Bring your usual watercolour paper – I would suggest 140lb (or heavier) not surface.

Pre-stretch if preferred but I just tape mine down to a rigid board with masking tape.

### Two water pots

### Pencil or pen *for sketching with*

### Brushes

Bring your usual **watercolour brushes**

I would suggest a **big wash brush** for working wet into wet, a **large round brush** with a good point on it, a **smaller round brush** for detail and perhaps a rigger brush. I also like a **swordliner** but it's not essential.

Optional - **If you like to work from an easel please feel free to bring one along**

An **old tooth brush** can be useful for spattering

A **cocktail stick or pointy twig** can be useful for scratching into a wet wash.

If you like to use **watersoluble pencils /crayons** with your watercolour please bring them along.

I like **graphitint pencils** and will bring some you can try.

**Salt & compostable compost caddy bags** but I will bring some you can use.

*Please contact me directly if you have any questions or problems regarding materials*

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# BUDOCK VEAN

HOTEL & SPA

## LOCAL ATTRACTIONS

Cornwall is packed to the rafters with beautiful, brilliant and breath-taking days out for all ages and interests. From world-class gardens to wonderful historic castles, mines and stately homes; while galleries such as Tate St Ives and the mighty Eden Project are real showstoppers.

### Trebah Garden

*Under 1 mile from Budock Vean.*

Experience the magic of this sub-tropical Cornish garden, steeped in heritage, creativity and the spirit of innovation. Four miles of footpaths wind through dazzling exotic planting, transporting you from a little corner of England to sunnier climes. For opening times, please visit, Trebah's website.

### Glendurgan Gardens

*Approx 1 mile*

Stroll down through the peaceful valley to a sheltered beach at the bottom. Three valleys join into one at Glendurgan, where a beautiful and intriguing blend of exotic and native plants thrive. For opening times please visit Glendurgan's website.

A little further afield, we also recommend The Seal Sanctuary (approx. 5.5 miles), National Maritime Museum Cornwall (approx. 6 miles), Eden Project (approx. 32 miles) and St Michael's Mount (approx. 20 miles) to name but a few! More local attractions can be found here: [www.budockvean.co.uk/leisure/local-attractions](http://www.budockvean.co.uk/leisure/local-attractions)

## AT BUDOCK VEAN

Our wonderful leisure facilities include a 15m indoor swimming pool, sauna and outdoor hot tub, 9 hole/18 tee golf course, snooker room, croquet lawn and two all weather tennis courts. Our Natural Health Spa also offers a range of spa days and treatments. We do advise that you book at least a month in advance for these as we would hate to disappoint you on arrival if we are fully booked.

## GREAT WALKS NEAR US

### Rosemullion Head Circular Walk

*Distance: 5.8 miles | Easy – moderate | Dog-friendly*

This circular walk starts at the ever popular Maenporth beach and then follows the coast to the entrance to the Helford River. It is a peaceful route that traces the edge of Rosemullion Head, a stunning promontory jutting out into the bay offering expansive views.

### Helford Passage Circular Walk

*Distance: 6.3 miles | Moderate*

This walk loops around the grounds of Budock Vean and takes you to some of the more hidden pathways and the lanes less travelled. You'll pass the farmstead of Bosveal to the oldieworldie creek-side hamlet of Durgan, Glendurgan, Trebah Garden and Port Navas Creek.

### Discover Frenchman's Creek Circular Walk

*Distance: 3.8 miles | Moderate*

Helford village itself was once notorious for smuggling and piracy but today is a picture perfect place to explore. After passing through the village the route follows the valley from Penarvon to a tiny chapel before descending to Frenchman's Creek, a peaceful finger of water made famous by Daphne du Maurier.

More walks can be found here: [www.budockvean.co.uk/news/great-walks-near-budock-vean](http://www.budockvean.co.uk/news/great-walks-near-budock-vean)