

FAMILY HISTORY BREAK

Sunday 7th to Thursday 11th September 2025

Join us for a 4-night break that will get you started on your family history journey with confidence. This beginner's course is for anyone totally new to tracing ancestors, and for those who've had a go but need a helping hand.

Our Family History Break includes a 4-night stay with dinner, bed and breakfast, morning group sessions on the Monday, Tuesday & Wednesday, refreshment breaks, and a one to one session by video call as a follow-up after the event.

SUNDAY 7TH SEPTEMBER

From 3pm Guest arrival and check in.

7.00pm Dinner in our restaurant. Meet your tutor, genealogist Dr Lesley Trotter, and others on the course.

MONDAY 8TH SEPTEMBER

From 8am Breakfast

9.30am Getting started - Planning and recording research. Basic sources – birth, marriage & death certificates; census returns.

11.00am Refreshment break

From 1.00pm Afternoons are free for leisure or private research

7.00pm Dinner in our restaurant

TUESDAY 9TH SEPTEMBER

From 8am Breakfast

9.30am Going further back – exploring wills, parish registers and other records. Archives & online – where to find the evidence.

11.00am Refreshment break

From 1.00pm Afternoons are free for leisure or private research

7.00pm Dinner in our restaurant

WEDNESDAY 10TH SEPTEMBER

From 8am Breakfast

9.30am Problem solving – finding elusive ancestors. Introduction to more specialist sources – occupational, property, law & order, military.

11.00am Refreshment break

From 1.00pm Afternoons are free for leisure or private research

7.00pm Dinner in our restaurant

THURSDAY 11TH SEPTEMBER

From 8am Breakfast

11am Checkout

Programme subject to change



BUDOCK VEAN

HOTEL & SPA

LOCAL ATTRACTIONS

Cornwall is packed to the rafters with beautiful, brilliant and breath-taking days out for all ages and interests. From world-class gardens to wonderful historic castles, mines and stately homes; while galleries such as Tate St Ives and the mighty Eden Project are real showstoppers.

Trebah Garden

Under 1 mile from Budock Vean.

Experience the magic of this sub-tropical Cornish garden, steeped in heritage, creativity and the spirit of innovation. Four miles of footpaths wind through dazzling exotic planting, transporting you from a little corner of England to sunnier climes. For opening times, please visit, Trebah's website.

Glendurgan Gardens

Approx 1 mile

Stroll down through the peaceful valley to a sheltered beach at the bottom. Three valleys join into one at Glendurgan, where a beautiful and intriguing blend of exotic and native plants thrive. For opening times please visit Glendurgan's website.

A little further afield, we also recommend The Seal Sanctuary (approx. 5.5 miles), National Maritime Museum Cornwall (approx. 6 miles), Eden Project (approx. 32 miles) and St Michael's Mount (approx. 20 miles) to name but a few! More local attractions can be found here: www.budockvean.co.uk/leisure/local-attractions

AT BUDOCK VEAN

Our wonderful leisure facilities include a 15m indoor swimming pool, sauna and outdoor hot tub, 9 hole/18 tee golf course, snooker room, croquet lawn and two all weather tennis courts. Our Natural Health Spa also offers a range of spa days and treatments. We do advise that you book at least a month in advance for these as we would hate to disappoint you on arrival if we are fully booked.

GREAT WALKS NEAR US

Rosemullion Head Circular Walk

Distance: 5.8 miles | Easy – moderate | Dog-friendly

This circular walk starts at the ever popular Maenporth beach and then follows the coast to the entrance to the Helford River. It is a peaceful route that traces the edge of Rosemullion Head, a stunning promontory jutting out into the bay offering expansive views.

Helford Passage Circular Walk

Distance: 6.3 miles | Moderate

This walk loops around the grounds of Budock Vean and takes you to some of the more hidden pathways and the lanes less travelled. You'll pass the farmstead of Bosveal to the oldieworldie creek-side hamlet of Durgan, Glendurgan, Trebah Garden and Port Navas Creek.

Discover Frenchman's Creek Circular Walk

Distance: 3.8 miles | Moderate

Helford village itself was once notorious for smuggling and piracy but today is a picture perfect place to explore. After passing through the village the route follows the valley from Penarvon to a tiny chapel before descending to Frenchman's Creek, a peaceful finger of water made famous by Daphne du Maurier.

More walks can be found here: www.budockvean.co.uk/news/great-walks-near-budock-vean