# 2024 / 2025 CHRISTMAS & NEWYEAR

At Budock Vean Hotel Helford River, Cornwall



ucked away on the Helford River our beautiful Country House Hotel is a wonderful place to celebrate Christmas and New Year. The building and grounds sparkle in their Christmas gear with some 15 trees and twinkles aplenty.



We're pulling out all the stops to create a magical, relaxing, fun and memorable break for everyone. Our favourite live musicians are booked in, our golf competitions will be in full swing and there will be plenty of opportunities for time outside whether you're in the hot tub, walking the sub-tropical gardens or hitting the South West Coast Path. We hope that our blend of old traditions with new ideas ensures that everyone can find something to enjoy and remember.

### HAT TO BRING

**Clothes for dinner**... make a real meal of your dinners in our restaurant, it is Christmas after all and a perfect excuse to get all dressed up. Go all out on New Year's Eve because it's a black tie dinner.

XI

2024 / 2025

Your favourite Christmas jumper, you know you want to really 📷

Your favourite book to curl up with

Swimming gear, don't worry about a robe and towel, we'll provide those

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**Running kit**, we can point you in the right direction, (although you can't avoid a hill)

Yoga mat, find a spot in our grounds and enjoy a peaceful session

Walking shoes & outdoor clothes, there's nothing better than a walk in the fresh Cornish air

#### Winter tennis kit

Golf kit 📲

### **PREE DAY IDEAS**

There is so much to see and do in and around Budock Vean. Here are a few ideas to whet your appetite.

Local Visits: Trebah Garden is a short walk from the hotel as is the Ferry Boat Inn, the river side pub. The family friendly Seal Sanctuary is around the corner in the village of Gweek and the National Maritime Museum Cornwall and English Heritage's Pendennis Castle are both in the harbour town of Falmouth, about a 15 minute drive.

A little further afield **National Trust** properties **Trelissick** and **St Michael's Mount** make for a lovely visit; perhaps take a trip to the dramatic north coast to watch the surfers or down to **The Lizard** and the southern most tip of England. If you need any tips please do ask

**Local Walks:** We're spoilt for walks around the Helford, you'll have no trouble getting in your 10,000 steps and the views are incredible.

Activities on site: Enjoy free access to the swimming pool, golf course, tennis courts, snooker room and hot tub. Our Christmas bar lunches menu will be available every day if you need an energy boost, menu and prices available in the hotel.

**Getting active:** there are plenty of running routes (all hilly!) close by, we can point you in the right direction and we have a personal trainer on speed dial if anyone really wants putting through their paces!

Now, of course, all this programme is subject to change should weather or other aspects are not on our side. External visits and activities may incur an extra charge. Please make bookings for meals, spa treatments and additional golf. All activities, including the Christmas jumper competition, are undertaken at your own risk.———



10.30am
How are you fairing on the golf competitions? Today is the Yellow-ball golf competition starting shortly after breakfast. Good luck!
12.30 - 2pm
Soup or sandwich to tide you over ? Lunches will be served in our lounges and bars. Prices and menus via the bar.
From 7pm
Head down to a well-earned dinner.



Sit back, relax or get out and explore some of Cornwall's beautiful attractions or the stunning coast path.



I2.30 - 2pm Lunches available in the bar to keep hunger at bay!



Enjoy **dinner** in the restaurant.

## SUNDAY 29 DECEMBER

#### 10.30am to 12.30pm

Join us for a 2 to 3 mile **circular walk** or take one of our recommended walks and set off on your own. Either way, a perfect day to take in the fresh air and wonderful views!



We can recommend the chicken strips as a firm favourite, or see what's on the specials for lunch today.

#### From 7pm Dinner is served.

## MONDAY 30 DECEMBER

Another chance for golfers to shine... Individual Stableford golf today – good luck.



Choose your table, grab a menu and enjoy a lovely lunch!

From 7pm Your dinner awaits.