

Lunchtime Spa Bar Menu available from 12.00pm - 2.00pm

BUDOCK VEAN

THE HOTEL ON THE RIVER



Light Lunches or Starters

- Hot bowl of soup of the day served with granary bread
- Baked flat mushroom with goat's cheese on toasted brioche bread & a rocket salad (V)
- Hot confit of free-range Barbary duck leg with salad leaves & homemade plum chutney
- Smoked Scottish salmon, toasted sourdough bread, cream cheese, rocket, lemon & capers
- Twice baked Cheddar cheese soufflé served on creamed spinach (V)
- Freshly baked, locally made Cornish pasty
- Fried chicken strips served on salad leaves with lemon, parsley & caper mayonnaise
- Crevettes, lemon and garlic mayonnaise, salad
- Greek salad (with vegan cheese on request) (V)

Side Dishes (additional charge)

- Chips | Mixed leaf salad | New potatoes | Seasonal vegetables | £5.10 per portion
- Bread and butter | £2.10 per portion

Sandwiches (available all day)

- Served on granary, wholemeal or white bread with crisps & salad
- Rare roast local beef served with a pot of horseradish sauce
- Mature local Cheddar cheese, served with homemade grape chutney
- Honey baked gammon ham with homemade piccalilli
- Royal Greenland prawns bound in Marie-Rose sauce
- Hand-picked Newlyn white crab meat seasoned and bound lightly with mayonnaise

Desserts

- Dessert of the day (please see today's specials board)
- Fresh local strawberries (when in season) served with Cornish clotted cream
- Fresh fruit salad served with Cornish clotted cream
- Cornish ice cream - vanilla, chocolate or strawberry
- A selection of sorbets are available, please ask for details
- Cornish cheese platter served with selection of biscuits, quince and celery

Food Allergies, Intolerances and Dietary Requirements

Please be aware that our food may contain or come into contact with common allergens, such as dairy, eggs, wheat, soybeans, nuts, fish and shellfish. Before you place your order, please ask a member of our team about the ingredients in our food. Our chefs are happy to cater for any dietary requirements.

BUDOCK VEAN
NATURAL HEALTH SPA

