natural
HEALTH SPA

Runaway Retreats 2010

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As soon as you enter the 65 acres of natural beauty at Budock Vean, you will start to relax and unwind. Nestled within this 4 star hotel is The Natural Health Spa where mind and body are treated as a whole.

We have put together this special break to ensure that stresses and strains simply flow away.

Available from 24th January to 16th December 2010

Relax and enjoy two treatments from the list below:

- **Full Body Massage**
- **Budock Vean Head Massage**
- **Mini Aroma Facial**
- **Mini Manicure**

Low Season 24th January – 11th March 7th November – 16th December	**£215**
Mid Season 12th March – 22nd April 3rd October – 6th November	**£247**
Spring Season 23rd April – 3rd June	**£276**
High Season 4th June – 2nd October	**£285**

This price includes:

- Standard room accommodation per person for 2 nights
- Four-course Dinner and Coffee
- Full English Breakfast
- Golf, swimming and sauna, outdoor hot tub, tennis and snooker all inclusive
- 10% discount on any additional treatments enjoyed during your stay

There is a supplement of £13.00 per person per night for our superior rooms.

The Runaway Retreats are subject to availability and cannot be used in conjunction with any other special break offers or with any other discounts.

BUDOCK VEAN
THE HOTEL ON THE RIVER
★★★★

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