

## SPA DAY MENU - Available from 1st April 2024

All of our packages include use of spa facilities from 10am-5pm, robe & towel and unlimited hot drinks in our spa lounge

Spa Package			
Simply Escape	Includes:	Treatment Options:	Price:
Disconnect from reality & ease your mind from everyday stresses	25 minute treatment & Prosecco & 2 course lunch	<ul style="list-style-type: none"> <li>• Back, Neck &amp; Shoulder Massage</li> <li>• Shoulder, Neck &amp; Head Massage                             <ul style="list-style-type: none"> <li>• Taster Facial</li> </ul> </li> <li>• JESSICA Mini Manicure</li> <li>• JESSICA Mini Pedicure</li> </ul>	<b>£80.00</b>
Healing with The Seasons	Includes:	Treatment Options:	Price:
Seasonally selected to ensure optimum relaxation for your mind and care for your body	55 minute treatment & Prosecco & 2 course lunch	<ul style="list-style-type: none"> <li>• Rejuvenate &amp; Radiate – English Rose Gold Facial                             <ul style="list-style-type: none"> <li>• Soften &amp; Nourish – Cocoa &amp; Coconut Back of Body Ritual</li> </ul> </li> <li>• Unwind &amp; Hydrate – Illuminate &amp; Soothe Massage and Facial</li> </ul>	<b>£105.00</b>
Peaceful Pregnancy	Includes:	Treatment:	Price:
Gentle and nurturing, designed specifically for expecting mums <b>Please Note:</b> We can only perform treatments on those over 12 weeks	75 minute treatment & Non-Alc Fizz & 2 course lunch	<ul style="list-style-type: none"> <li>• ELEMIS Nourishing prenatal body massage and deep cleansing facial</li> </ul>	<b>£130.00</b>
Soul Retreat	Includes:	Treatment:	Price:
Decompress, recondition and relax your body, mind and soul	85 minute treatment & Prosecco & 2 course lunch	<ul style="list-style-type: none"> <li>• ELEMIS Entirely bespoke body massage &amp; facial</li> </ul>	<b>£150.00</b>
Precious Moments (8-16 Years)	Includes:	Treatment:	Price:
A mini escape and a sense of relaxation <b>Please Note:</b> Must be accompanied by an adult	25 minute treatment & Soft drink & 2 course lunch	<ul style="list-style-type: none"> <li>• Made For Life Facial</li> <li>• JESSICA Mini Manicure</li> <li>• JESSICA Mini Pedicure</li> </ul>	<b>£70.00</b>
Refresh & Reset	Includes:	Treatment:	Price:
Melt away tensions in our spa facilities & refuel with a delicious meal	Prosecco & 2 course lunch	No Treatment – (Facility Use & Lunch Only)	<b>£50.00</b>

## BUDOCK VEAN

### NATURAL HEALTH SPA

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